

Cauliflower Mac N' Cheese

Ingredients:

1 head of cauliflower

1/4 cup of sour cream or Greek yogurt

1/2 cup of shredded cheese

Salt or pepper to taste

makes 2 servings

- 1) Cut cauliflower into small florets and steam until tender
- 2) Move steamed cauliflower to a large bowl
- 3) Add sour cream, salt/pepper, and stir until combined
- 4) Stir in cheese until melted

Sandoval, Mercedes. "5-Ingredient Cauliflower Mac 'N' Cheese" *Tasty*, BuzzFeed, <https://tasty.co/recipe/5-ingredient-cauliflower-mac-n-cheese>. Accessed 26 March 2020.